



Charity Commission Registered No: 1062090

April/May 2012

go for the flow

Litter Pick

Sat. 14th April 10.30 prompt

meet in the foyer of the Cheese and Grain

Bring gloves and suitable footwear

Important Warning – some addict's needles have been found in a plastic bag. Do not handle anything about which you are unsure.

PTO for more dates

News from the Website

Frome Street Bandits to play in Rodden Meadow

At 4pm on 20 May during the Frome picnic in Rodden Meadow the Street Bandits will provide music for our enjoyment. www.fromestreetbandits.co.uk

Ninety litter heroes enjoy the warmth

HopeFrome and River Friends collected approaching a hundred bags of rubbish and various other peculiar items such as Christmas trees and an exercise machine. Groups worked from Tesco, St John's Convenience Store, the Mount and the Canoe Club in bright Spring sunshine. A Hope Frome member sent us a message, "I have to give all the HOPEFrome volunteers a huge pat on the back for the good work you've been doing recently. The big litter pick on Saturday, March 10th was a great success A big thank you to the Friends of the River Frome for being our partners."

River Friend Tools open up the Missing Link

Fifteen years ago River Friends needed and aquired tools designed to hack through brambles. Now they are being put to good use on the Missing Link. When the cycle path is joined up from Great Elm to Spring Gardens our river walk will extend to Bristol.

Remember our new web address or better still put it in your bookmarks.

<http://www.fromeriverfriends.org.uk>

Dates for your 2012 diary:

14 April	10.30	Litter Pick - meet in the foyer of the Cheese and Grain
20 May	3-5pm	The Big Picnic in Rodden Meadow for all with Street Bandits from 4pm.
9 June, 11 August	10.30	Meet in the foyer of the Cheese and Grain

Active Citizens – an opportunity to learn how to make a difference in Frome.

A course is running on Wednesday mornings in May. Last year's was much recommended by participants. If interested ring **0845 358 0372** or email sara@vistaproject.org.uk

Calling all River Friends Help Frome Celebrate Rodden Meadow

Rodden Meadow is the only remnant of Frome's early sheep farming and wool trade landscape. When Frome Town Council took over several years ago they successfully re-established traditional methods of management such as pollarding trees, mowing once or twice a year, and keeping riverside vegetation clipped. The aim is to benefit both wildlife and the public.

River Friends have supported work there by planting wild flowers, clearing Himalayan Balsam and installing information boards. We would now like to encourage visits from the wider community so we are sponsoring a picnic. A visit to Rodden Meadow is a joy at any time but it would be wonderful if lots of people, especially those who have never been before, all came on 20th May 3-5pm.

The famous Frome Street Bandits will be bringing their colourful energy and eclectic mix of tunes to the meadow. Be sure to bring your dancing feet for a boogie!

Children will have craft activities at a small charge and we hope there will be other items of interest.

Above all it is a chance to see a very pretty part of the river and to admire everything which grows in Frome's natural park.

The food and drink will be just what you like because you bring your own. Remember something to sit on.

Please, River Friends, bring your friends and neighbours! If you can, bring a gazebo and put it up and allow fellow picnickers to shelter if it rains.

One way to get to Rodden Meadow starts at the light-controlled crossing at the centre of town. Walk from the Blue Boar across the Town Bridge and turn right along Willow Vale to the end and continue under the railway bridge. There is an entry to Rodden Meadow on your right. It is only 300 yards or so. If you need to bring a car, park it in the Old Market Car Park – free on Sundays - and walk from there. Alternatively if you are nimble on your feet there is an interesting way from the far end of the North Parade car park through the Millenium Green.